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Epidemiology of Multidrug-resistant Organisms in Africa

Afrika'daki Çok İlaça Dirençli Organizmaların Epidemiyolojisi

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Abstract

Multidrug-resistant organisms/bacteria (MDROs) have significant health implications that either have not been addressed or received only limited attention, especially in resource-constrained settings such as Africa, where access to newer, often costly antibiotics is limited. Acquisition of MDROs has been linked with poorer clinical outcomes and prolonged hospitalization. The evolution and spread of MDROs is influenced by factors such as selective pressure exerted by indiscriminate use of antimicrobials in both agriculture and medicine, lack of prescribing skills and training, lack of access to rapid and reliable diagnostics, suboptimal surveillance, as well as poor implementation and adherence to prevention measures. Reports indicate increased occurrence of MDROs in Africa, including members of *Enterobacteriaceae* which are often implicated in bloodstream, urinary tract, abdomen, skin and soft tissue infections. However, serious data limitation and underreporting are major hurdles that continue to hinder our understanding of the impact of antimicrobial resistance. In this review, we sought to address this gap by providing up-to-date data on the epidemiology of MDROs across the continent, including data on their prevalence and current detection and prevention methods.

Keywords: ESKAPE, extremely drug-resistant, antibiotic resistance, bacteria, infection control

Öz

Çok ilaca dirençli organizmaların/bakterilerin (MDRO), genellikle yüksek fiyatlı olan yeni antibiyotiklere erişimin kısıtlı olduğu, kaynak sıkıntısı yaşanan özellikle Afrika gibi bölgelerdeki sağlık üzerine olan önemli etkileri ele alınmamış veya sadece sınırlı ilgi görebilmiştir. Çok ilaca dirençli organizma enfeksiyonları, kötü klinik sonuçlar ve uzun hastanede kalma süresi ile ilişkilidir. MDRO'ların evrilmesi ve yayılması, antimikrobiyal ajanların hem tarımda hem de tıp alanında gelişigüzel kullanılmasıyla oluşan seçici baskı, reçete yazma becerisi ve eğitiminin eksikliği, hızlı ve güvenilir tanı araçlarına erişimin olmayışı, suboptimal sürveyans gibi faktörler kadar, önleyici yaklaşımların iyi uygulanmaması ve bu ilkelere bağlı kalınmamasından da etkilenir. Raporlar her ne kadar genellikle kan, idrar yolu, karın, deri ve yumuşak doku enfeksiyonlarına neden olan *Enterobacteriaceae* ailesi üyeleri de dahil olmak üzere MDRO'ların görülmesinde artış bildirmektedir. Buna karşı Afrika'da antimikrobiyal direncin etkisinin derecesinin kavranmasının önüne geçmeye devam eden esas faktörler ciddi veri eksikliği ve yetersiz bildirimdir. Bu derlemede, bu boşluğu, kıta genelinde MDRO'ların epidemiyolojisine dair, prevalansları hakkında veriler ve mevcut tanı ve önleme yöntemleri de dahil olmak üzere, güncel verilerle doldurmayı amaçladık.

Anahtar Kelimeler: ESKAPE, extremely drug-resistant, antibiyotik direnç, bakteri, enfeksiyon kontrolü

Introduction

In the 1970s, the emergence of antibiotics tremendously reduced both morbidity and mortality rates, leading to increased life expectancy, better quality of life, and increased wealth and productivity^[1]. For the last 30 years, however, the evolution and spread of antimicrobial resistance (AMR) poses a significant threat to modern medical and surgical procedures

globally, leading to higher rates of infection, treatment failure, and mortality^[2,3]. Multidrug resistance/resistant (MDR) refers to the ability of bacteria to resist at least three classes of antibiotics (e.g., beta-lactamase inhibitor combination drugs, cephalosporins, and fluoroquinolones etc.), usually due to carriage of several resistance-associated genes^[4]. Major multidrug-resistant organisms (MDROs) include methicillin/oxacillin-resistant *Staphylococcus aureus*, vancomycin-

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resistant enterococci, extended-spectrum beta-lactamase (ESBL) producers, penicillin-resistant *Streptococcus pneumoniae*, and MDR tuberculosis^[4]. In the medical field, the terms extreme drug resistance/extensive drug resistance/extremely drug resistant/extensively drug resistant (XDR) are widely used to describe bacteria that are not only resistant to multiple antimicrobial agents, but have the potential to resist all or nearly all approved antimicrobial agents^[5]. Pan-drug-resistant organisms, on the other hand, are those resistant to nearly all commercially available antimicrobials or resistant to all antimicrobials routinely tested^[5].

The increasing incidence of MDROs in clinical and environmental specimens has been linked to many reasons. One of these is the extensive use of antimicrobials^[4,6]. Extensive use of antimicrobials may increase selection pressure in a microbial population by allowing resistant microbes which could be MDR^[1] to survive and flourish in the ecological vacuum created by the death of susceptible bacteria^[4]. Factors associated with predisposition to MDRO infection include colonization with MDR pathogens, high or cumulative antibiotic exposure, high severity of illness/care in an intensive care unit, prolonged acute-care hospitalization, recent antibiotic therapy (within three months), recent hospitalization (within three months), solid organ or bone marrow transplantation, and prolonged hospitalization^[4]. In resource-constrained settings such as Africa, access to newer and often costly antibiotics such as plazomicin, colistin, and tigecycline (developed to treat MDR infections) is limited. Acquisition of MDROs has been linked to high morbidity and mortality rates, increased treatment costs, and prolonged hospitalization^[7-9]. In both Africa and South-East Asia, for example, 45% of deaths have been attributed to MDR bacteria^[9]. In Africa, the problem of MDROs is influenced by factors such as indiscriminate use of antimicrobials, poor prescribing skills and training, lack of access to rapid and reliable diagnostics, poor hand hygiene practices, lack of infection prevention data, and inadequate surveillance^[7,10].

Although reports indicate increased incidence of MDROs, including members of *Enterobacteriaceae* which are often implicated in bloodstream, urinary tract, abdominal, skin and soft tissue infections, limited data and underreporting of MDROs continue to be a problem in Africa^[9,11,12]. Herein, we reviewed the published articles reporting the prevalence of MDROs, diagnostic tools used, and AMR prevention methods in the whole African region.

Reasons for Evolution of Multidrug-resistant Organisms

Antibiotic resistance predates the introduction of sulfanilamide and penicillin in the late 1930s and 1940s, respectively. Evolutionary pressure from clinical antibiotics has played

a key role in the development and interspecies spread of MDR. The expansive use of antibiotics both in medicine and agriculture has been a significant driver of MDR bacteria^[2,13,14]. Other factors linked to the evolution of MDR bacteria include inappropriate prescribing practices due to lack of diagnostic facilities and diagnostic uncertainty. In many resource-limited settings in Africa, physicians prescribe antibiotics without any laboratory diagnosis implicating a particular etiologic agent. In many cases, broad-spectrum antibiotics are administered to patients^[4,15]. The practice of self-medication is another major driver of MDR. In many communities in Africa, easy access to antibiotics, including last-resort antibiotics, reduces hospital attendance because people can easily get antibiotics of choice with no prescription^[16]. In these settings, drug retailers, some of whom have no form of medical training, diagnose and prescribe all sorts of antibiotics. Patients patronize them since they are cheaper, easy to access, and offer negotiable health services. In some communities, this type of facility is the only available healthcare^[16]. The emergence of MDR has also been linked to incomplete, partial, or inappropriate antibiotic therapy and suboptimal antibiotic concentrations^[4,17]. Lack of surveillance and poor national infection control practices such as absence of personal protective equipment, poor hygiene practice, and lack of adherence to standard general precautions in Africa are other major drivers of AMR across the continent. For example, only two countries (constituting 4.3% of Africa) have national AMR plans in place and seven (14.9%) have national infection prevention control policies. Furthermore, the World Health Organization (WHO) 2014 report identified Africa as a region without established AMR surveillance systems^[18]. Several countries have implemented pilot surveillance projects. A national laboratory-based surveillance program for selected bacterial and fungal pathogens has been in place in South Africa. However, no African country has a national surveillance program that regularly generates representative, robust data on antimicrobial use and resistance^[19].

Mechanisms of Multidrug-resistance

MDROs employ different resistance mechanisms, including reduced outer membrane permeability, target site modification, efflux pump overexpression, expression of chromosomal AmpC beta-lactamases, and acquisition of beta-lactamases^[20,21].

Prevalence of Multidrug-resistant Organisms

Prevalence of MDROs vary by organism, region, country, hospital, or by unit within a facility worldwide. MDROs are so-named due to their ability to resist more than one antimicrobial agent *in vitro*^[5]. Infections with MDROs may lead to inadequate or delayed antimicrobial therapy, and are usually associated with poorer patient outcomes^[1-4].

In the past, infections due to MDROs mostly hospital-acquired, but in recent years more infections have been reported in communities^[4]. In many parts of Africa, although there are serious problems with regards to monitoring AMR, sufficient published data suggests that MDROs are on the rise^[22,23]. The first WHO global surveillance report on antibiotic resistance published in 2014 cited the mortality rate due to MDR bacteria as 45% in both Africa and South-East Asia. The report further revealed that *Klebsiella pneumoniae* resistant to third-generation cephalosporins was associated with up to 77% mortality in Africa^[18]. Additionally, MDR amongst the major human infectious agents *Enterococcus faecium*, *S. aureus*, *K. pneumoniae*, *Acinetobacter baumannii*, *Pseudomonas aeruginosa*, and *Enterobacter* spp., collectively termed ESKAPE, is reported to be increasing in Africa^[18]. ESKAPE pathogens have been increasingly recognized as threatening microorganisms largely due to their ability to 'escape' the effects of most antibiotics^[24].

Recently, Founou et al.^[25] reported the overall carriage rates of ESBL-mediating MDR Gram-negative ESKAPE in a tertiary hospital in South Africa as 37.2% (16/43), 42.3% (11/26), and 57.1% (4/7) at admission, after 48 h, and at discharge, respectively.

Enterococcus faecium

The emergence and spread of MDR among enterococci, even to newer drugs including last-resort antibiotics, continues to pose a significant concern globally^[26]. Linezolid, daptomycin, quinupristin/dalfopristin, and tigecycline are typically drugs of choice frequently used in the treatment of serious infections and therapeutic complications secondary to MDR infections caused by *Enterococcus* spp.^[26].

Tfifha et al.^[27] at Sahloul Hospital, a university-affiliated hospital in Tunisia, evaluated different MDR bacteria including *Enterococcus faecalis* and *E. faecium*. All 320 (100%) *Enterococcus* spp. isolates, including *E. faecium* (37.5%), isolated from fecal samples from pig farms in Eastern Cape, South Africa were MDR (resistant to vancomycin, streptomycin, and cloxacillin), and to at least two different classes of antibiotics, with 300 (93.8%) isolates being resistant to five or more antibiotics^[28].

Multidrug-resistant S. aureus

Studies have shown high prevalence of methicillin-resistant *S. aureus* (MRSA) in hospital settings in Cameroon (72%), South Africa (52%), Ethiopia (42.8%), Nigeria (29.6%), Kenya (27.7%), Ivory Coast (16.8%), and Morocco (14.4%)^[29]. MRSA is one of the most prevalent causes of healthcare-associated infections. A study conducted between 1994 and 1999 in

Kinshasa, Congo reported over 50% MDR prevalence^[30]. In a different study conducted in 2000–2006 in eastern Congo, 85–96% resistance to ampicillin and chloramphenicol was reported^[18], whereas a more recent study in the same country demonstrated a low prevalence of organisms resistant to fluoroquinolones, azithromycin, and third-generation cephalosporin^[30].

Multidrug-resistant K. pneumoniae

High prevalence of MDR *K. pneumoniae* has been blamed for high mortality rates in Africa in recent years^[9]. In a study carried out in a tertiary hospital in Kenya, as high as 80% prevalence of MDR *K. pneumoniae* was recorded^[31]. The isolates were highly resistant to ceftriaxone (87.2%), gentamicin (82.8%), and cefepime (85.4%). A similar trend was reported in neighboring Tanzania. The authors attributed this trend of high antibiotic resistance to the common use of these antibiotics in the study area, suggesting the need for sensitization and antimicrobial stewardship programs^[31]. MDR *K. pneumoniae* isolates, which in 2017 were resistant to common antibiotics such as ampicillin, gentamicin, tetracycline, trimethoprim-sulfamethoxazole, and ceftriaxone, have been documented as prevalent in Kilifi, Kenya^[32]. Similarly, in Nigeria, the prevalence of MDR *K. pneumoniae* was reported as 63.4%^[33]. Moroh et al.^[34] reported on the diversity and antibiotic resistance of uropathogenic bacteria from Abidjan, Cote d'Ivoire and observed significant higher percentages of MDR and possible XDR bacteria strains from inpatients compared with outpatients. They further revealed that *K. pneumoniae* had 14.9% prevalence. Worryingly, this trend of high prevalence of MDR *K. pneumoniae* across Africa has created increasingly limited treatment options for the organism.

Multidrug-resistant A. baumannii

In a study conducted on a global scale in which 18,741 *A. baumannii* isolates were studied, up to 44% of the isolates were MDR. The study showed increased rates of MDR *A. baumannii* isolates from 23% in 2004 to 63% in 2014. In Africa, 249 of 407 isolates (61.2%) were observed to be MDR^[35]. In a 5-year retrospective study spanning 2011 to 2015 in South Africa, 6,351 (79.2%) of 8,010 *A. baumannii* isolates were MDR, resistant to meropenem, imipenem, ciprofloxacin, piperacillin-tazobactam, and ceftazidime, although a decrease from 85% in 2012 to 70% in 2015 was observed^[36]. Nwadike et al.^[37] observed a high rate of MDR (100%) among *Acinetobacter* isolates and suggested the implementation of AMR stewardship programs in hospitals in southeastern Nigeria to prevent an explosion of MDR bacteria.

Multidrug-resistant *P. aeruginosa*

MDR *P. aeruginosa* is emerging as a clinically significant pathogen not only in resource-limited settings, but also in developed countries^[38]. In a study conducted with 558 *P. aeruginosa* isolates, 73 (13.1%) were MDR^[35]. In Enugu, southeastern Nigeria, Chika et al.^[39] used the modified double-disk synergy and Hodge's test to identify carbapenemase and metallo- β -lactamases (MBL) producers and reported a MDR *P. aeruginosa* prevalence of 10%.

Multidrug-resistant *Enterobacter* spp.

In 2017, low frequency of MDR was reported among *Enterobacter* spp. For example, 5 of 94 *Enterobacter aerogenes* isolates (5.3%) and 47 of 494 *Enterobacter cloacae* isolates (7.5%) were MDR^[35]. However, the rates of MDR *E. aerogenes* increased from 3% in 2004 to 9% in 2008 but then decreased to 1% in 2014 globally. In a separate study, the average resistance rate to carbapenems observed in *Enterobacter* spp. in Kwazulu-Natal, South Africa was 5%, whereas resistance to ciprofloxacin was greater in *E. cloacae* (16%) compared to *E. aerogenes* (8%)^[36]. In northern Nigeria, Yusuf et al.^[33] reported the highest prevalence (31.3%) of MDR *Enterobacter* spp. in major hospitals in Kano.

Widespread MDR among members of the *Enterobacteriaceae* family has been reported in Africa. MDR *Enterobacteriaceae*, which are often associated with the production of ESBLs and carbapenem-resistant *Enterobacteriaceae* (CRE), were implicated in bloodstream, urinary tract, abdomen, skin and soft infections from both inpatients and outpatients at Aga Khan University Hospital in Nairobi, Kenya^[40]. In South Africa, the prevalence of nosocomial MDR *Enterobacteriaceae* from blood cultures was around 15% in 2008^[22]. In Ivory Coast, significantly high prevalence of MDR uropathogenic bacteria of genus *Acinetobacter* and *Enterobacter* were documented^[41,42].

Multidrug-resistant *Salmonella*

The evolution and spread of MDR *Salmonella enterica* serovar *typhi* (*S. typhi*) has had significant consequences for mortality rates from typhoid fever globally^[29]. Although there are very few reports from Africa, available data indicate that MDR *S. typhi* has emerged, and effective treatment options are not accessible due to high cost. In developed countries, they are often associated with food-borne gastroenteritis. However, in parts of sub-Saharan Africa (SSA), non-typhoidal *Salmonella* (NTS) is a major cause of deadly bacteremia^[41]. For instance, studies from Kenya have reported that community-acquired NTS is among the top three causes of death among children^[43-45]. Non-typhoidal *Salmonella* resistance to fluoroquinolones was reported to be in the 3.8-6.1% range in Congo^[23,46,47]. Resistance patterns among

MDR NTS isolated in a study suggest that third-generation cephalosporins should be the drug of choice for treatment of infections caused by these organisms^[30,48]. However, the use of these drugs should be avoided since they are associated with the emergence of ESBL-producing organisms.

There are many studies reporting the prevalence of ESBL-producing *S. typhi* in African countries^[30]. Resistance to third-generation cephalosporin in Togo, Ghana, Kenya, Malawi, and Mozambique was documented to be very low (with minimum inhibitory concentration higher than common for a susceptible population) and in some cases even totally absent^[49,50]. On the contrary, higher levels of resistance in *Salmonella enteritidis* were observed from these countries^[16,38]. The increasing prevalence of MDR among NTS has been linked to perceived competition for an ecological transmission niche between the two NTS serotypes^[51]. Similarly, severity of illness and higher case-fatality rates in *Salmonella* infections have been attributed to the relatively high prevalence of MDR *S. typhi*, which are often concomitantly resistant to ampicillin, chloramphenicol, and trimetoprim/sulfamethoxazole. In Kenya, like in many African countries, sporadic outbreaks of MDR *S. typhi* have been reported^[52]. Although fluoroquinolones, macrolides, and cephalosporins are the second-line choices for treatment of MDR *S. typhi* infections, these antibiotics are not readily available in most of rural SSA. Furthermore, available data indicate increasing resistance to these drugs^[16]. For example, a survey conducted in the Democratic Republic of Congo between 2000 and 2010 consistently indicated high (above 30%) prevalence of MDR *S. typhi* that were resistant to fluoroquinolones, with a marked upward trend in 2010^[53,54]. Similarly, the prevalence of MDR *S. typhi* has been consistently increasing in Kenya since the first report of MDR *S. typhi* outbreaks in 1998^[16], when the prevalence of the MDR phenotype was 50-65%, and recent reports indicate over 75% prevalence of all *S. typhi* from the main referral hospital and private hospitals in Nairobi^[55]. Similar trends of MDR *S. typhi* have been reported in South Africa and Egypt^[16]. In SSA, molecular epidemiological studies have shown that MDR *S. typhi* outbreaks are dominated by haplotype 58, a clade that is often associated with outbreaks in Southeast Asia^[49].

Multidrug-resistant *Escherichia coli*

As in the case of other members of *Enterobacteriaceae*, alarming levels of resistance have been observed in *E. coli*. In a referral hospital in Uganda, from 314 enrolled patients with surgical site infections, 304 bacterial isolates were obtained, of which 72 (23.7%) were MDR *E. coli*, most of which were being ESBL producers and resistant to all commonly available antibiotics^[56]. In a survey carried out in Kenya, for example, a total of 912 *E. coli* clinical isolates were found to be resistant to

ampicillin alone or a combination of ampicillin and other classes of beta-lactam antibiotics. A total of 247 (27%) strains were ESBL producers and 142 (16%) isolates exhibited resistance to combinations of aztreonam and multiple cephalosporins including ceftazidime^[57-59]. MDR *E. coli* isolated from outpatient clinics in Kenya were highly resistant to ampicillin, trimethoprim/sulfamethoxazole, streptomycin, and amoxicillin/clavulanic acid, which are commonly used in hospitals^[60]. In Africa, *E. coli* has also been reported to be a major pathogen in surgical site infections. These have caused the problem of managing serious illness due to *E. coli* to become even worse. Data from several African countries, including Gabon, Nigeria, and Tanzania report that resistance among causative organisms of diarrheal infections, such as enterotoxigenic, enteropathogenic, and enteroaggregative *E. coli*, is high (38-60%)^[61]. Typically, enteroaggregative *E. coli* are MDR and are one of the most common causes of diarrhea in children^[22]. Studies among healthy populations have indicated that normal flora constitute a significant reservoir of genetic material from which pathogens can readily acquire resistance on mobile elements^[22]. In addition, studies in Nigeria, Ghana, and Zimbabwe have shown that urban dwellers were more likely to carry MDR *E. coli* than rural or provincial residents^[62]. These findings are concerning due to the rapid rate of urbanization and rural-urban migration in these countries and other parts of the continent^[63]. The problem of diarrheal disease is aggravated by issues such as malnutrition, failure to control the spread of diarrheal pathogens due to poor sanitation and hygiene practices, and failure to contain resistant organisms and resistance genes due to poor surveillance and suboptimal health systems^[63,64].

Acquisition of Multidrug-resistant Organisms

MDROs may be acquired in both clinical and community settings and are usually difficult to treat^[63]. In the hospital setting, transmission and persistence of MDROs is influenced by factors such as the number and the type of organism, the presence of susceptible individuals, selective pressure exerted by antimicrobial use, increased potential for transmission from larger numbers of colonized or infected patients, as well as the impact of implementation and adherence to infection control measures^[63]. Patients with severe disease, particularly those with impaired immunity due to underlying medical conditions; recent surgery; or indwelling medical devices such as urinary catheters or endotracheal tubes are all vulnerable to MDRO colonization^[65]. Long-term healthcare facilities have been linked to the dissemination of MDROs. Patients, especially those in the ICU, tend to have more risk factors than non-hospitalized patients^[63]. Additional factors that can facilitate transmission of MDROs in hospital include chronic sinusitis, upper respiratory infection, and dermatitis^[62]. Epidemiological evidence suggests

that MDROs can be transmitted from patient to clinician or environmental surfaces and vice versa. This may be especially true in resource-constrained settings with limited adherence to hygiene guidelines.

The link between community and healthcare acquisition of CRE has been previously described^[62]. Individuals with a history of frequent exposure to MDROs in a healthcare facility may easily bring about community acquisition of MDROs, especially in settings with limited surveillance^[65]. CRE infections can be acquired in both clinical and community settings and are extremely difficult to treat. CRE, particularly *E. coli* and *K. pneumoniae*, were relatively uncommon causes of hospital-acquired infections until about two decades ago, and have since doubled in prevalence in recent years^[66]. Isolation of patients helps reduce patient-to-patient transmission of CRE, and has led to a significant reduction of CRE infections in patients with confirmed CRE colonization at the time of admission, whether symptomatic or not^[67]. The number of individuals that develop infection after colonization remains unclear^[68]. In a systematic review evaluating 1,806 hospitalized patients identified as colonized with CRE at the time of admission, only 299 (16.5%) were found to develop infection^[65]. Evidence suggests that long-term hospitalization plays a critical role in the dissemination of CRE. Therefore, early detection of CRE in patients admitted to healthcare facilities may help mitigate institutional outbreaks and halt regional spread of CRE^[67].

The dissemination of CRE in the community is largely via carriage in commensal microflora, which might go undetected unless disease symptoms manifest^[69]. In poor African communities with limited healthcare facilities, even when symptoms develop, limited diagnostic and treatment options continue to promote dissemination of CRE among the population in affected communities.

The link between community and healthcare acquisition of CRE has been previously described by Sekyere et al.^[70], who reported that New Delhi metallo-beta-lactamase (NDM)-producing microorganisms isolated with high frequency in healthcare facilities and environmental niches disseminated into the community through patient transfer. Individuals who have a history of frequent exposure to CRE in a healthcare facility may easily spread CRE within the communities in Africa. Reports reveal that bacteria carrying the NDM enzyme may find its way outside the boundaries of hospital settings into community water and sewage environments^[71].

Although the exact molecular epidemiology of carbapenemases and their genetic environment have not been well studied in Africa, the *bla*OXA-48, *bla*IMP, *bla*VIM, and *bla*NDM in *A. baumannii*, *K. pneumoniae*, *E. cloacae*, *Citrobacter* spp. and *E. coli*, are the dominant carbapenemase genes characterized to date^[69].

In North Africa, carbapenem hydrolyzing enzymes have been documented in countries such as Algeria, Tunisia, Morocco, Libya, and Egypt among *Enterobacteriaceae* species. In Algeria, the first documented carbapenemase among *Enterobacteriaceae* was the VIM-19 enzyme in *E. coli* and *K. pneumoniae*^[72]. In Tunisia^[73], Bathoorn et al detected *K. pneumoniae* harboring *blaVIM-4* for the first time, which was co-expressed with *blaCTX-M-15* and *blaCMY-4*. Similarly, samples collected from patients of armed conflict from Libya and tested in Europe were positive for *blaOXA-48* and *blaOXA-23* in *K. pneumoniae* (ST101, ST147, ST383, and ECI). OXA-48 and NDM-1-producing *Enterobacteriaceae* in environmental, clinical, and community settings have been reported to be prevalent in Morocco^[74]. Most class D carbapenemases (OXA-48 and *blaOXA-48*) were detected in Egypt from *K. pneumoniae* and *E. coli* in clinical specimens^[75].

South Africa has published more articles on CRE than any other African country. Since 2012, the South African National Antimicrobial Resistance Reference Laboratory has reported a total of 1,618 carbapenem nonsusceptible isolates from all specimen types. Of the 1,258 *Enterobacteriaceae* isolates identified, 1,043 (83%) were confirmed to have carbapenem resistance genes^[74]. *K. pneumoniae* carbapenemase-2 (KPC) was first detected in South Africa in 2012^[69] and is the most frequently reported carbapenemase in South Africa. Others such as *blaOXA-48*-like genes, have been found in *K. pneumoniae*, and in rare cases, *E. coli* and *E. cloacae*, where they mediate MDR. The first documented case of a *blaNDM-1* in South Africa was in 2011 from a 63-year-old patient^[76]. In the same year, the first *blaKPC* case (*blaKPC-2*) in South Africa was identified from *E. cloacae* and *K. pneumoniae*^[39].

In West Africa, Nigeria and Ghana are the leading countries in the region that have documented data regarding CRE^[77]. In Nigeria, a study reported carbapenemase prevalence of 33.5% in a hospital setting^[6], and Codjoe^[78] reported 12.5% and 15.4% carbapenemase production in *E. coli* and *K. pneumoniae* isolates. Ogbolu and Webber^[79] identified *blaNDM*, *blaVIM*, and *blaGES* among *P. aeruginosa*, *Proteus* spp., *K. pneumoniae* and *E. coli*, respectively as the genes responsible for resistance in β -lactam antibiotics in Nigeria. Oladipo et al.^[6] reported a high rate of resistance to ertapenem (30%), levofloxacin (20%), and colistin sulfate (4%) in *E. coli* isolated from clinical specimens, which they suggested could be as a result of plasmid transfer of AMR genes.

In Ghana, a recent study involving 111 carbapenem-resistant Gram-negative bacteria showed that none of the isolates harbored KPC genes. However, the carbapenemase genes identified were *blaNDM-1*, *blaVIM-1* and *blaOXA-48* in *A. baumannii*, *Pseudomonas* species, and *K. pneumoniae*, respectively^[78]. In Uganda, a study by Okoche et al.^[80] found carbapenemase prevalence of 22.4% and 28.6% using phenotypic and genotypic tests. In a recent study from the same country, among 56 isolates positive for carbapenemase-encoding genes, *K. pneumoniae* was the species with the highest number (52.2%) and most prevalent genes were *blaVIM* (21,10.7%), *blaOXA-48* (19, 9.7%), *blaIMP* (12, 6.1%), *blaKPC* (10, 5.1%) and *blaNDM-1* (5, 2.6%)^[79]. In Kenya, carbapenemase gene was first reported in 2011 in a *K. pneumoniae* isolate (ST14) harboring an *blaNDM-1* on a 120 kbIncA/C plasmid^[70,81]. In a 5-year prospective study conducted between 2007 and 2012 in Tanzania, Mushi et al.^[82] documented *blaIMP*, *blaVIM*, *blaOXA-48*, and *blaKPC* in *E. coli*,

Table 1. Carbapenem-resistant *Enterobacteriaceae* genes in circulation in African countries

Country	Carbapenem resistance genes	References
Algeria	OXA, NDM, KPC and VIM	Robin et al. ^[83]
Angola	NDM and OXA	Kieffer et al. ^[84]
Egypt	OXA	Bathoorn et al. ^[73]
Gabon	NDM	Moussounda et al. ^[85]
Ghana	KPC, NDM, VIM and OXA	Codjoe ^[78]
Kenya	NDM	Poirel et al. ^[81] , Mitgang et al. ^[86]
Madagascar	NDM and OXA	Mitgang et al. ^[86]
Mali	OXA	Sangare et al. ^[87]
Nigeria	OXA, NDM, GES and VIM	Chika et al. ^[39] , Yusuf et al. ^[77] , Ogbolu and Webber ^[79]
Senegal	OXA	Mitgang et al. ^[86]
Serra Leone	OXA, VIM and DIM	Mitgang et al. ^[86]
South Africa	OXA, NDM, KPC, GES and porin	Perovic et al. ^[74] , Lowman et al. ^[76]
Tanzania	OXA, NDM, KPC, VIM and IMP	Mushi et al. ^[82]
Uganda	OXA, KPC, VIM and IMP	Okoche et al. ^[80]

DIM: Dutch imipenemase, GES: Guiana extended-spectrum carbapenemase, OXA: Oxacillin-hydrolyzing enzyme, KPC: *Klebsiella pneumoniae* carbapenemases, NDM: New Delhi metallo-beta-lactamase, VIM: Verona integron-encoded metallo- β -lactamases, IMP: Imipenem-resistant *Pseudomonas*

K. pneumoniae, *P. aeruginosa*, and *Salmonella* in 80 out of 227 isolates and found that 21.6% of the 227 isolates harbored IMP genes (Table 1).

Current Detection Tools

Laboratory capacity to detect MDR in Africa is seriously limited^[88]. Methods currently employed in the detection of MDR generally include phenotypic and molecular techniques. In routine laboratory practice, phenotypic methods may be used to identify the presence of acquired resistance mechanisms among frequently isolated nosocomial pathogens^[89]. They are widely used for beta-lactamases that especially hydrolyzes carbapenems together with other beta-lactams (carbapenemases)^[90,91]. Phenotypic methods of AMR detection include the double-disk synergy test, which is used for the detection of beta-lactamases that are inhibited by beta-lactamase inhibitors such as clavulanic acid^[21], imipenem-EDTA synergy test, used for the phenotypic detection of MBL production in clinical isolates^[92], and the boronic acid test, which was proposed for the phenotypic detection of KPC producers, is easier to perform than the double-disk synergy test, and is more sensitive (with reported sensitivity of 100%)^[21]. A test that combines EDTA and the boronic acid test in a single plate with the ability to discriminate between carbapenem-susceptible, KPC-producing, MBL-producing, and double carbapenemase-producing bacteria has been introduced^[93]. Other phenotypic tests include the Hodge test, used to detect carbapenemase production^[94], but has the disadvantage of inability to discriminate between different carbapenemase types^[20]; the D-test, used for the detection of inducible AmpC beta-lactamases^[95], and carbonyl cyanide m-chlorophenyl hydrazine, used to detect efflux pump overexpression that contributes to or determines carbapenem resistance^[96].

Classical *in vitro* phenotypic methods are widely adopted in African settings because they require little technical skill and are relatively cheap^[95]. However, the limitations of these methods include lack of specificity, sensitivity, and importantly, most will not detect genetic resistance mechanisms in microorganisms^[96]. In addition, most phenotypic techniques are time consuming, yielding results in typically around 17 h^[96]. Hence, this causes a need to employ molecular methods like polymerase chain reaction (PCR)^[21]. These limitations highlight the need for detection tools that are not only sensitive, specific, and affordable but also rapid. Rapid detection of MDROs is desirable since it helps physicians make timely treatment decisions and help public health stakeholders take action to prevent and control the infections^[97].

Many instrumental techniques such as molecular techniques, microarrays, commercial methods used in routine work, immunochromatographic techniques, colorimetric methods,

imaging methods, nephelometry, matrix-assisted laser desorption ionization-time of flight (MALDI-TOF) mass spectrometry, flow cytometry, chemiluminescence and bioluminescence, microfluids, and bacterial lysis methods that allow rapid antibiotic susceptibility results are available in developed nations but not in many African countries^[95]. Molecular techniques are important detection tools which have played a significant role in understanding the epidemiology of MDR organisms. They detect resistance genes based on nucleic acid hybridization and amplification^[98]. The techniques have been employed widely in both research and diagnostic laboratories^[96]. Some of the methods used, such as PCR and hybridization techniques, have been used for decades, whereas methods such as whole-genome sequencing and MALDI-TOF mass spectrometry are just evolving^[4]. PCR techniques, including commercial and automated, and PCR kits have been used to accurately detect a large number of genes that confer antibiotic resistance with a sensitivity and a specificity of nearly 100%^[4]. The limitation of these methodologies is that they do not provide microbial identification and are generally applied to colonies grown on isolation plates^[96]. Similarly, molecular techniques are not only laborious and time-consuming to perform, but also expensive^[4]. These have hampered their deployment in resource-limited settings. Moreover, many laboratories in Africa may be unable or unwilling to adopt these techniques under budgetary constraints^[19,63]. Therefore, these laboratories, especially at the primary healthcare level, are unable to incorporate antibiotic susceptibility testing as an important part of routine laboratory practice.

Some of the preeminent kits available to detect antibiotic resistance genes included Light Mix (Roche Diagnostics) and Check-Direct CPE (Check-Points Health B.V.). The advantage of using kits is that they are rapid and less laborious. The Light Mix kit, using the LightCycler® 480 Instrument II platform (Roche Diagnostics), for example, can detect KPC, NDM, VIM, IMP, and OXA-48 carbapenemases in less than two hours^[99].

Conclusion

Overall, significant prevalence rates of MDROs as well as high levels of drug resistance to commonly prescribed antibiotics such as ampicillin, gentamicin, and ceftriaxone have been reported across Africa. Therefore, treatment of bacterial infections must be well guided by local assessment of AMR. Lack of surveillance and significant data limitation from most of the countries on the continent regarding the prevalence of MDR are of great concern^[99]. Unfortunately, in reality, most African countries have not fully recognized how significant a threat MDROs pose to public health.

Tackling the menace of MDR requires a strong global political will and sustained efforts, understanding of the nature

and extent of MDROs, well-coordinated AMR regional and national action plans, and a sustained multi-stakeholder and multidisciplinary evidence-based approach^[19,63]. In addition, existing antimicrobial stewardship programs should be sustained and strengthened to cover where such programs are not in place. Healthcare facilities should be enhanced to improve their capacity to diagnose and prevent disease before they escalate and appropriate treatment should be prescribed. This may be achieved through training and retraining of both laboratory and pharmacy staff in antibiotic stewardship at healthcare facilities where laboratory investigations are available^[99]. Procedures for ongoing assessment of the quality of test reagents and test performance by clinical laboratory technicians should be available at healthcare facilities. Laboratories should also participate in national and/or external quality assurance programs in addition to the regular internal quality control practices. Building laboratory capacity will enable the generation of adequate and reliable AMR data that can guide policy actions to combat AMR^[97]. In resource limited countries, insufficient human and financial resources and microbiology expertise continue to hinder the implementation of AMR programs. Therefore, new approaches to antimicrobial surveillance are needed^[99]. In primary healthcare facilities with limited diagnostic capacity, rapid diagnostic kits that are specific and sensitive should be readily available and affordable. The development of new point-of-care diagnostic tools that are able to detect AMR in a cost-effective way will improve patient management and limit the emergence of drug resistance^[99]. In each country, routine AMR surveys should be established to provide evidence-based and locally relevant antibiotic resistance data that would be helpful in creating guidelines to improve clinical practice^[99]. Proper infection-control practice is central to decreasing the risk of emergence of MDR organisms. Therefore, improved sanitation and hygiene, which are still lacking in many parts of Africa, should be prioritized.

Ethics

Peer-review: Externally and internally peer-reviewed.

Authorship Contributions

Concept: B.H.G., A.A.F., Design: B.H.G., A.A.F., Data Collection or Processing: B.H.G., A.A.F., Analysis or Interpretation: B.H.G., A.A.F., Literature Search: B.H.G., A.A.F., Writing: B.H.G., A.A.F.

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